Relationship and Sex Education

Year 2

• Lesson 1 of 3
Relationship and Sex Education

- Talk with your partner:
- What do you think these lessons will be about?
- Why do you think we learn about RSE?
Relationship and Sex Education

...happier, healthier, and safer lives, now and in the future.
• Are any two bodies the same size and shape?
• What is great about our bodies?
• What can we say if someone says mean things about the way we look?
Relationship and Sex Education

• How can we make sure everyone feels safe and valued in these lessons?
Our community agreement for Relationship and Sex Education

• Listen
• Try to join in
• Be respectful
• Encourage others
• No personal questions
• Use scientific language for personal and private parts of the body
• Think about what you share
Mirror Dancing

• Watch this and have a try in pairs!

• How were the two people in this dance the same and different?

• Can you find three similarities and three differences between your body and your partner’s body?

https://www.youtube.com/watch?v=sOiD--UWW-g
All bodies are different!
All bodies are brilliant!

What can our brilliant bodies do?
Let’s make a list.
This Muppet loves her hair.

What do **YOU** love about your body?

https://www.youtube.com/watch?v=enpFde5rgmw
Write and draw what you love about YOUR brilliant body.

• I love my... because

• I love my.....because

• I love my.....because

• I love my...because

Toes  Nose  Ear  Mouth  Leg
Foot  Arm  Eye  Fingers  Hand
Sometimes people say mean things about how other people look.

How might this make someone feel?

What could we say to make them feel better?
Let’s make a list of things we can do or say if we hear someone being unkind about someone’s else face or body!

All bodies are amazing!

I think your freckles are great!
If this keeps mean behaviour keeps happening, this is bullying behaviour and you need to tell someone.
Let’s celebrate our wonderful bodies by moving them!

Listen to YOUR body! Move as much as you want to and rest if your body needs it.

https://www.youtube.com/watch?v=fpD9kRyn8o
Where to get help

- If you have a question or you want to talk about a worry after this lesson remember it is ok to ask for help.
- Ask your helping hand grown ups!
Relationship and Sex Education

• Year 2

• Lesson 2 of 3
Year 2 Lesson 2

Why are there differences between most girls’ and most boys’ bodies?
Relationship and Sex Education

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Can you sort these words?

Which ones belong together?

boy  girl  man

woman  female  male
Male or female?

In your groups, sort your animal cards.

Explain your reasons.
How did you know which were male and female?
Can you always tell?
Sometimes the female and male animals look different. Sometimes you can tell because their male/female body parts show.
Most of our body parts are the same. Which body parts are different on most boys’ and most girls’ bodies?

vulva  vagina  penis
testicles  breasts
anus  nipples  clitoris

Can you sort the body part cards into female, male, both?
Can you sort the words into the categories of Female, Both, or Male?
Why are male and female bodies different?

- Some people when they are grown up, may choose to have a baby.

- The parts of the body that make them male or female are needed to make a human baby.

- To make a baby you need a sperm from a grown up male body and an egg from a grown up female body.
Knowing the scientific names for the personal private parts of our bodies will help us to be healthy, happy and safe.

• We don’t use these words very often so it might make us feel embarrassed.

• What can we do if we start to feel embarrassed?
Let’s move our brilliant bodies and sing one of these songs!

https://www.youtube.com/watch?v=ZanHgPprl-0
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• Lesson 3 of 3
Relationship and Sex Education

Year 2 Lesson 3

What is important about our friends?

Does it matter if they are a boy or a girl?
Relationship and Sex Education

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Question Box and Thought wall
What five words or phrases would you use to describe friendship?

- Fun
- Caring
- Sticks by you-loyal
- Kind
- Interesting
- Like the same things
- Asks you to play
Introducing Teddy

Let’s read about Errol and Teddy’s friendship.
Thomas the teddy took a deep breath. "I need to be myself, Errol. In my heart, I've always known that I'm a girl teddy, not a boy teddy. I wish my name was Tilly, not Thomas."

• How does Errol react when Tilly tells him that she is a girl teddy?
• What does he say?
• Is Errol being a good friend to Tilly the Teddy?
• How does that make Tilly feel?

"Is that why you've been so sad?" Errol asked. "I don't care if you're a girl teddy or a boy teddy! What matters is that you are my friend. "You're the best friend a bear could have," said Tilly.
• How does Ava react when Errol tells her that Tilly has a new name?
• What does she say?
• Is Ava being a good friend to Tilly the Teddy?
• How does that make Tilly feel?

“Hi, Ava!” said Errol. “Teddy has a new name! Let me introduce you to Tilly.”
“What a great name!” said Ava. “Let’s go and play, Tilly!”
• What four activities do Errol and Teddy always do together before Teddy tells Errol she is a girl?

• What four activities do Errol and Teddy always do together after Teddy tells Errol she is a girl?

• What does this tell us about their friendship?
How did Ava show us that there is more than one way to be a girl?

Could Errol wear a bow if he wanted to?

Why should you wear what you want to wear?
Boy or Girl?

- On your friendship Hi Five, did you write ‘boy’ or ‘girl’?
- Does it matter?
Listen to this song!

BE WHO YOU WANT TO BE,
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