Body changes shape

Hair grows under arms

Pubic hair grows

Skin gets oilier

Both
Hips widen

Leg muscles get bigger and stronger

Breasts start to grow

Periods start
Body gets curvier

Most girls
Shoulders get wider

Sperm starts to be produced

Penis grows longer and wider

Testicles get bigger
Neck, chest and leg muscles get bigger.

Facial hair starts to grow.

Most boys