Lesson 2

• Can you tell me what you need to grow?

• Why do we need friends to help us grow?
How can we make sure we feel safe and valued in these lessons?
Share a story about growing up.
What did Titch’s plant need to grow?

What does Titch need to grow?
We also need special people in our lives to help us grow a happy, healthy mind.

We need people to...

- hug
- laugh with
- chat to
- play with
Practise saying things that can help your friendship to grow...

Can I join in?
Can I hold your hand?
Would you like a turn?
Can I have a hug?
Shall we play together?
Shall we see who else would like to play?
Watch and sing along with the Together Song

https://www.youtube.com/watch?v=lldmkrJXQ-E&list=RDlldmkrJXQ-E&t=75
Lesson 3

Do you know how to look after yourself at school?
• How can we make sure we feel safe and valued in these lessons?
Watch the clip...

https://www.youtube.com/watch?v=JCHtgWfI4Hw

Or read the book...

ALL BY MYSELF!
by ALIKI
What is the child learning to do all by themselves?
What are we learning to do all by ourselves at school?
Look at photo cards of different skills you are learning to do for yourself.

- Find one that you can do really well and tell a friend about it.
- Find one that you can’t do yet and tell a friend about it.

How will you get better at these things?
Who can you ask for help?

Who is on your helping hand?

How can we help each other?
Practise getting changed for PE

Which items of clothing can you do well on your own?

Which items of clothing can you not do yet?

Remember which parts of your body are private and personal when you are changing or going to the toilet.
Watch the Sesame Street Song “All by Myself”

https://www.youtube.com/watch?v=kjcEHwgHI74